

5 Stages of Mentoring

relationship development 101

1. The Honeymoon

trust develops

the road begins

the foundation is built

2. The Big Test

limits pushed

model conflict resolution

security developed

3. The Calm after the Storm

teach life skills

testing decreases

understanding deepens

4. The Real Mentor and Mentee

support growth

encourage independence

comfortable being ourselves

5. Transition from Mentor to Friend

informal & spontaneous

mutual exchange

accountable to relationship